

Die Qual der Wahl – Fluorchinolone oder Aminoglykoside für die empirische Kombinationstherapie?

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The Surviving Sepsis Campaign Guidelines Committee
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Surviving Sepsis Campaign: International Guidelines for Management of Severe Sepsis and Septic Shock, 2012



	2008	2012	Grading
D. Antibiotikatherapie			
1.a. Administration of effective iv ABs within the 1. hour of recognition of septic shock	1B	1B	
1.b. Administration of effective iv ABs within the 1. hour of recognition of severe sepsis	1D	1C	↑
2.a. Initial empiric anti-infective therapy of one or more drugs that have activity against all likely pathogens and that penetrate in adequate concentrations into tissues presumed to be the source of sepsis	1B	1B	
2.b. Antimicrobial regimen should be reassessed daily for potential deescalation	1C	1B	↑
3. Use of biomarkers to assist the clinician in the discontinuation of empiric antibiotics in patients who initially appeared septic, but have no subsequent evidence of infection	nn	2C	↑
4.a. Combination empirical therapy for neutropenic patients with severe sepsis			
for pts with difficult to treat, MDR bacterial pathogens f.e. Acinetobacter/Pseudomonas	2D	2B	↑
For pts with severe infections associated with respiratory failure and septic shock, combination therapy with an extended spectrum beta-lactam and either an aminoglycoside or a fluoroquinolone is for P. aeruginosa bacteremia	2D	2B	↑
A combination of beta-lactam and macrolide for patients with septic shock from bacteremic Streptococcus pneumoniae infections	nn	2B	↑
4.B Empiric combination therapy not be for more than 3–5 days. De-escalation to the most appropriate single therapy as soon as the susceptibility profile is known	2D	2B	↑
5. Duration of therapy typically 7–10 days; longer courses may be appropriate in pts with a slow clinical response, undrainable foci of infection, bacteremia with S. aureus; some fungal and viral infections or immunologic deficiencies, including neutropenia	1D	2C	↓
6. Antiviral therapy initiated as early as possible in patients with severe sepsis or septic shock of viral origin	nn	2C	↑
7. Antimicrobial agents should not be used in patients with severe inflammatory states determined to be of noninfectious cause	1D	UG	↑



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Why combination therapy?

- **Synergistic antibiotic effects**
 - In vitro – yes
 - In vivo – only in specific circumstances
 - Increase of bactericidal effect?
- **Gap Closing**
 - For susceptible pathogens – no
 - For multidrug resistant pathogens – may be



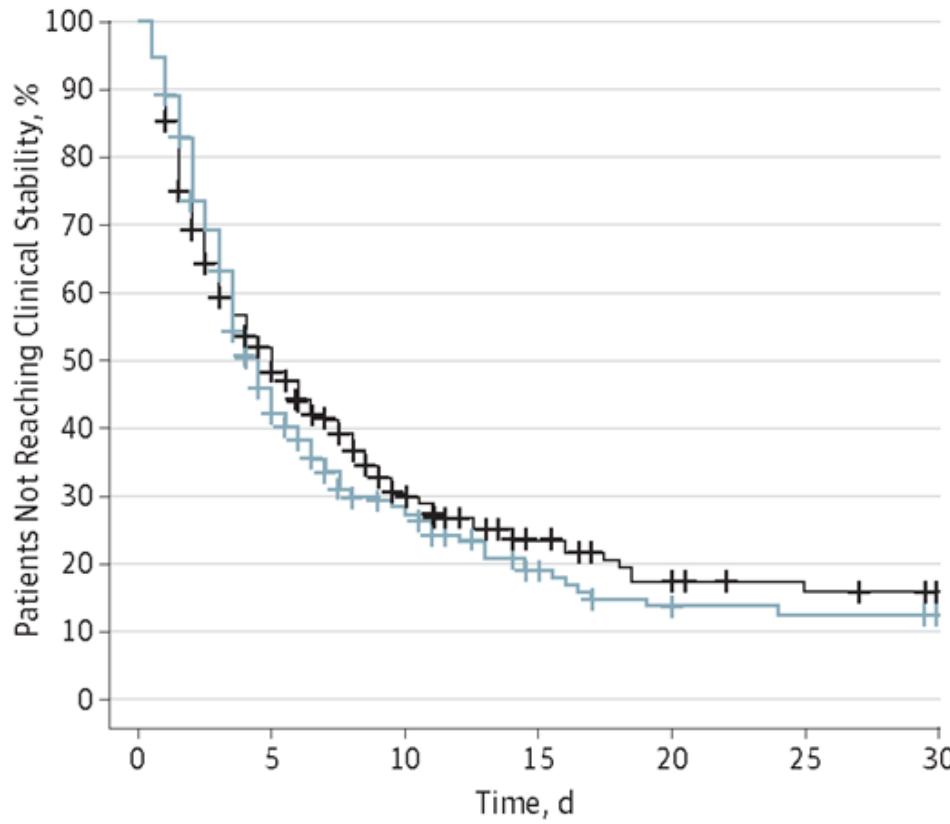
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Schweregradklasse	Primärtherapie	Alternativtherapie	
Leichte Pneumonie ohne Komorbidität (orale Therapie)	Amoxicillin	Moxifloxacin, Levofloxacin Clarithromycin, Azithromycin Doxycyclin	
Leichte Pneumonie mit Komorbidität (orale Therapie) - chronische Herzinsuffizienz - ZNS-Erkrankungen mit Schluckstörungen - Schweren COPD, Bronchiektasen - Bettlägerigkeit, PEG	Amoxicillin/Clavulansäure	Moxifloxacin, Levofloxacin	
Mittelschwere Pneumonie (in der Regel Sequenztherapie)	Amoxicillin/ Clavulansäure Ampicillin /Sulbactam Cefuroxim Ceftriaxon Cefotaxim	+/-Makrolid für 3 Tage +/-Makrolid für 3 Tage +/-Makrolid für 3 Tage +/-Makrolid für 3 Tage +/-Makrolid für 3 Tage	Moxifloxacin, Levofloxacin
Schwere Pneumonie (Beginn immer i.v., Sequenztherapie prinzipiell möglich)	Piperacillin/ Tazobactam Ceftriaxon Cefotaxim	jeweils + Makrolid für 3 Tage	Moxifloxacin, Levofloxacin (Monotherapie nicht bei septischem Schock)



β -Lactam Monotherapy vs β -Lactam-Macrolide Combination Treatment

Garin et al. JAMA Intern Med. 2014;174(12):1894-1901



- Open-label, multicenter, noninferiorit, randomized trial form Jan 2009- 2013
- Moderately severe CAP
- Beta- lactam mono vs. Beta-lactam combination
- 580 patients
- Endpoint: Clinical stability (heart rate <100/min, blood pressure > 90mmHg, temperature < 38°C, respiratory rate < 24/min and oxygen saturation > 90%) at day seven
- Noninferiority of Beta- lactam expect in patients with atypical pathogens and in PSI category IV

β -Lactam Monotherapy vs β -Lactam-Macrolide Combination Treatment

Garin et al. JAMA Intern Med. 2014;174(12):1894-1901

Adjusted and stratified analysis for the primary outcome

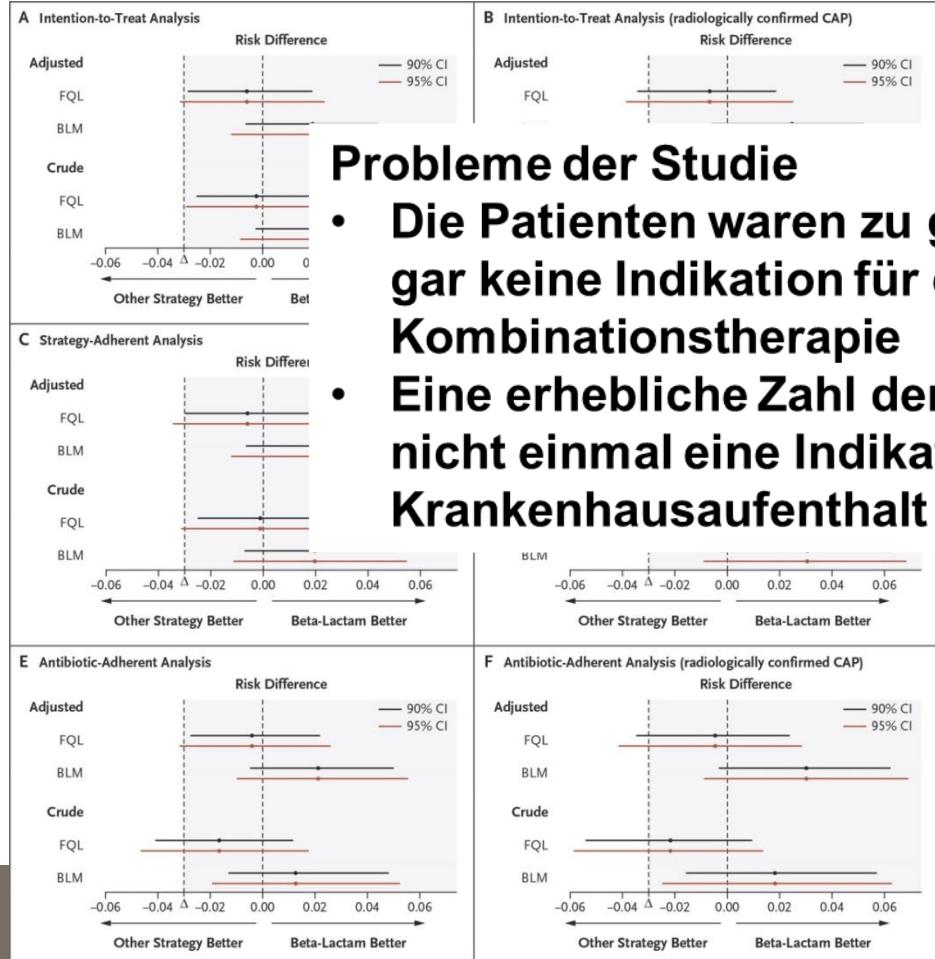
Reference category: combination therapy	Hazard ratio (95% CI)	P value
Unadjusted	0.93 (0.76-1.13)	0.46
Adjusted for age and PSI category	0.92 (0.76-1.12)	0.41
Stratified		
Atypical	0.33 (0.13-0.85)	0.02
Non-atypical	0.99 (0.80-1.22)	0.93
0.03 for interaction		
PSI category IV	0.81 (0.39-1.10)	0.18
PSI category I-II	1.06 (0.82-1.36)	0.66
0.18 for interaction		



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Antibiotic Treatment Strategies for Community-Acquired Pneumonia in Adults

Postma DF et al. N Engl J Med 2015;372:1312-1323



Probleme der Studie

- Die Patienten waren zu gesund und hatten gar keine Indikation für eine Kombinationstherapie
- Eine erhebliche Zahl der Patienten hatte nicht einmal eine Indikation für einen Krankenhausaufenthalt

- Cluster- randomized crossover trial

if beta-lactam macrolide vs es

likely suspected to non-ICU stay

monotherapy was noninferior with betalactam-macrolide or fluoroquinolone monotherapy with regard to 90-day mortality

Table 2. Baseline Characteristics of Patients in the Intention-to-Treat Population.*

Characteristic	Antibiotic Treatment Strategy		
	Beta-Lactam (N = 656)	Beta-Lactam–Macrolide (N = 739)	Fluoroquinolone (N = 888)
Median age (interquartile range) — yr	70 (60–79)	70 (59–80)	71 (59–79)
Male sex — no. (%)	381 (58.1)	431 (58.3)	505 (56.9)
Median duration of symptoms (interquartile range) — days	3 (1–7)	3 (1–7)	3 (1–7)
Received antibiotics before admission — no./total no. (%)	219/637 (34.4)	227/721 (31.5)	303/873 (34.7)
Current smoker — no./total no. (%)	109/627 (17.4)	154/723 (21.3)	196/872 (22.5)
Past smoker — no./total no. (%)	379/627 (60.4)	398/723 (55.0)	490/872 (56.2)
Received influenza vaccination — no./total no. (%)	453/624 (72.6)	466/700 (66.6)	572/847 (67.5)
Received pneumococcal vaccination — no./total no. (%)			
PPSV23	16/594 (2.7)	18/671 (2.7)	13/822 (1.6)
PCV13	19/656 (2.9)	7/739 (0.9)	10/888 (1.1)
Dependency in ADL — no./total no. (%)†	199/637 (31.2)	200/714 (28.0)	257/870 (29.5)
Had one or more hospital stays in the previous year — no./total no. (%)	271/653 (41.5)	298/722 (41.3)	351/881 (39.8)
Had coexisting condition — no. (%)			
Cardiovascular disease	153 (23.3)	154 (20.8)	172 (19.4)
COPD or asthma	260 (39.6)	281 (38.0)	377 (42.5)
Other chronic pulmonary disease	64 (9.8)	97 (13.1)	61 (6.9)
Diabetes mellitus	118 (18.0)	101 (13.7)	161 (18.1)
Cancer‡	106 (16.2)	124 (16.8)	151 (17.0)
HIV/AIDS — no. (%)	3 (0.5)	6 (0.8)	6 (0.7)
Chronic renal failure or nephrotic syndrome	10 (1.5)	14 (1.9)	7 (0.8)
Receiving immunosuppressive therapy — no. (%)	59 (9.0)	57 (7.7)	93 (10.5)

Postma DF et al.
N Engl J Med 2015;372:1312-1323

PSI score§	84.6±29.0	84.8±27.8	85.4±28.5
Median CURB-65 score (interquartile range)¶	1 (1–2)	1 (1–2)	1 (1–2)

Had radiologically confirmed CAP — no. (%)	506 (77.1)	566 (76.6)	665 (74.9)
Blood culture obtained — no. (%)	508 (77.4)	559 (75.6)	670 (75.5)
Sputum culture obtained — no. (%)	306 (46.6)	347 (47.0)	390 (43.9)
PUAT performed — no. (%)	504 (76.8)	582 (78.8)	711 (80.1)
LUAT performed — no. (%)	492 (75.0)	574 (77.7)	668 (75.2)



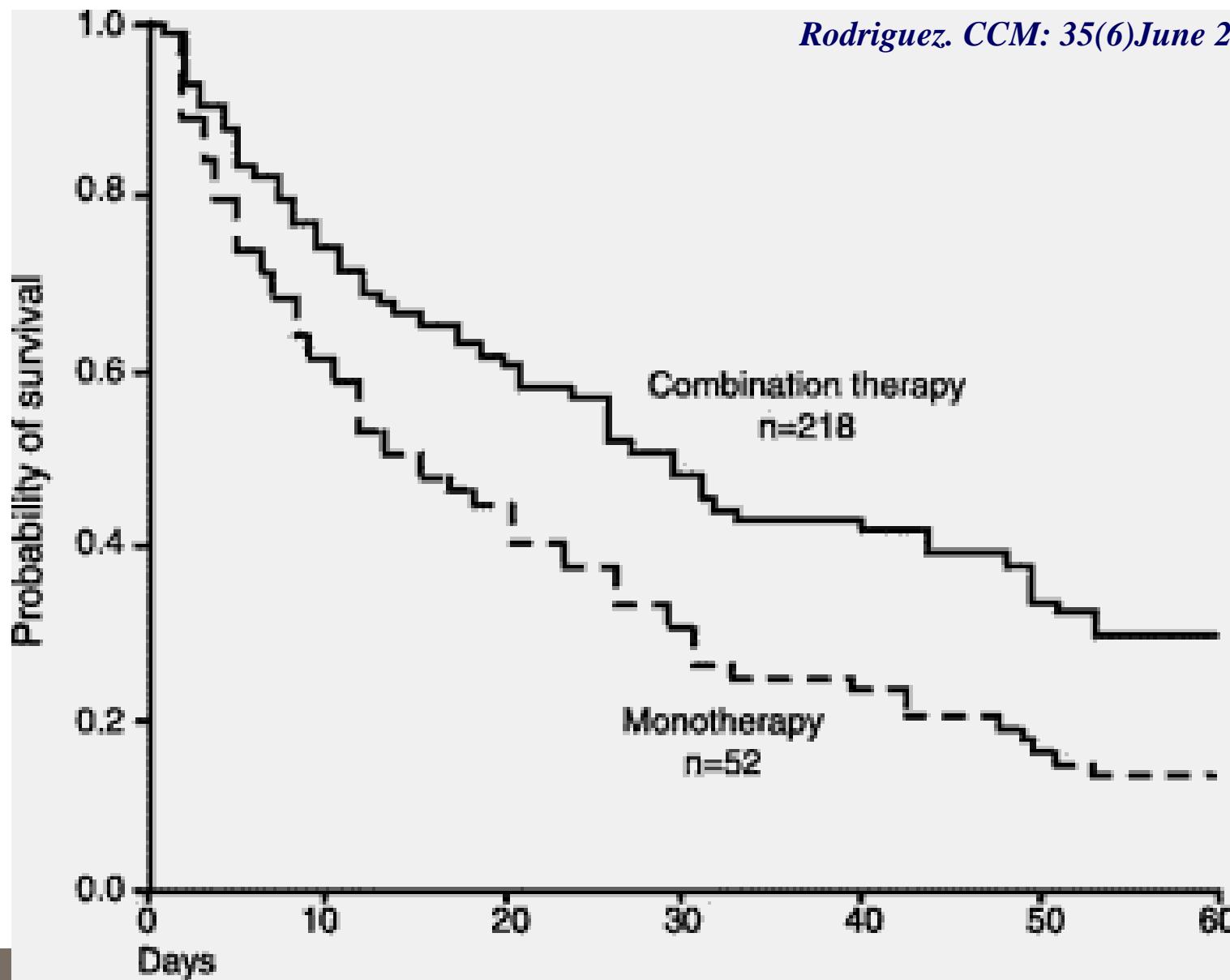
CAP – Septic Shock

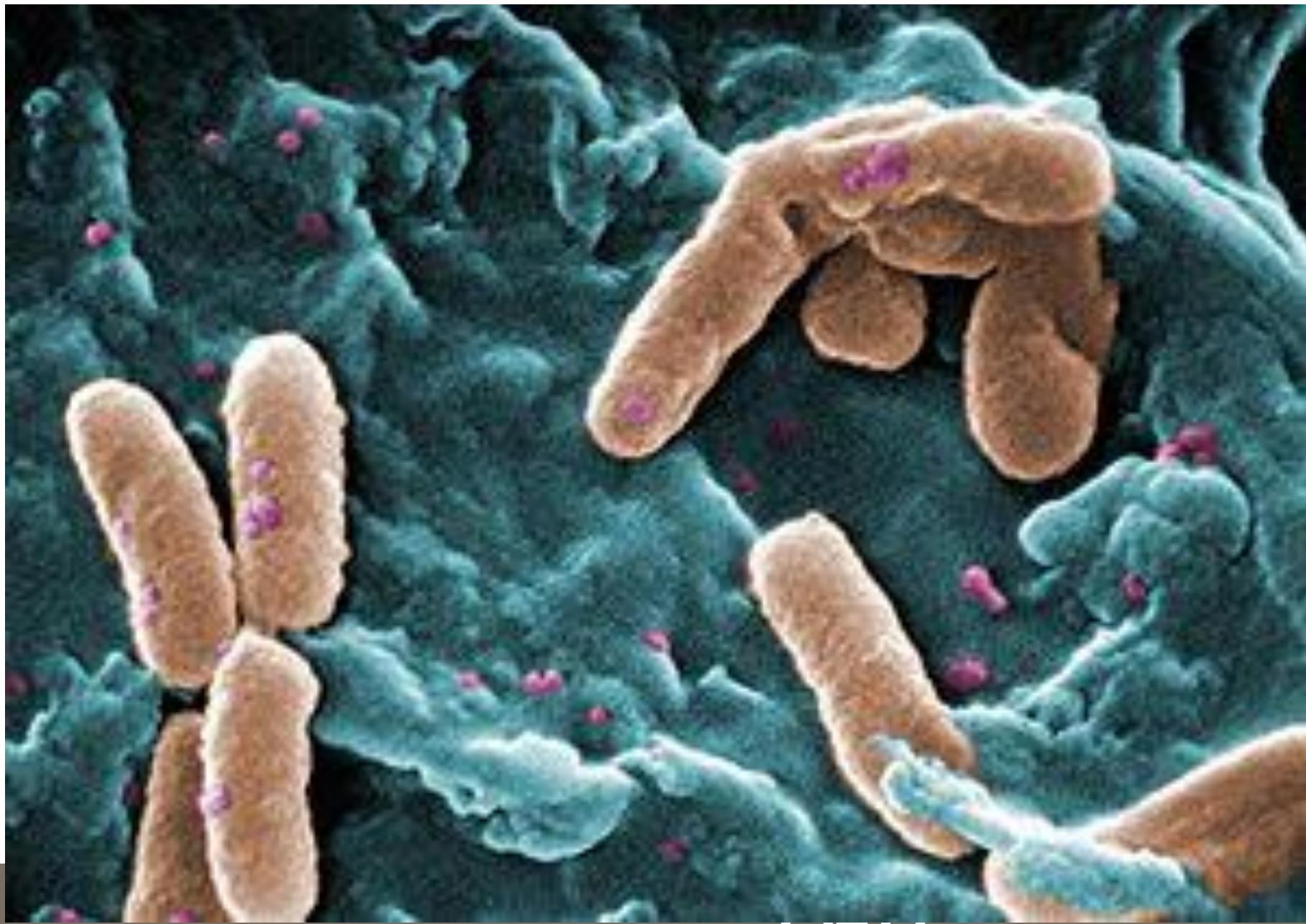
- Secondary analysis of a prospective observational study (Bodi et al. CID 2005; 41)
- Antibiotics for minimally two days
- Monotherapy: β -Lactams (Amoxy/Clav, FQ)
- Combination Therapy: β -Lac/Macrolid or β -Lac/FQ
- Inadequate Therapy significantly increase with Monotherapy (31% vs 13%)
- Higher mortality in patients with septic shock with Monotherapy vs. Combination Therapy (HR 1.73)
- Higher mortality in patients with septic shock with adequate Monotherapy vs adequate Combination Therapy (HR 1,64)

Rodriguez et al. CCM 2007; 35



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β -Lactam Monotherapy vs. β -Lactam-Aminoglycosid Combination Therapy in Sepsis: A Metaanalysis

Paul M. BMJ 2004; 328: 668

	N Studies	N Patients	β -Mono vs. β -AG Combi
Total Mortality	43	5527	0,90 (0,77 - 1,06)
Treatment Failure	63	6616	0,87 (0,78 - 0,97)
Bakterial Superinfection	27	3085	0,79 (0,59 - 1,06)
Adverse Events	39	4945	0,91 (0,80 - 1,04)
Nephrotoxicity	45	5213	0,36 (0,28 - 0,47)



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Mono- vs. Combination Therapy for VAP

- Randomised controlled trial in 740 pts
 - Mechanical ventilated
 - VAP suspected after 4 days in the ICU
 - Pts. with known **Pseudomonas or MRSA excluded**
- Meropenem 1g tid + Ciprofloxacin 400 mg bid
- vs. Meropenem alone
- Outcome Parameters:
 - No difference in 28-day mortality (RR 1.05, p=0.74)

	Combination Therapy (n = 369)	Monotherapy (n = 370)	All (n = 739)
Age, yrs	59.1 ± 17.9	58.9 ± 17.7	59.0 ± 17.8
Female sex, no. of patients (%)	108 (29.3)	119 (32.2)	227 (30.7)
APACHE II score	19.9 ± 6.4	20.0 ± 6.2	20.0 ± 6.3
APACHE II score >24 (%)	86 (23.3)	84 (22.7)	170 (23.0)
Admission category, no. of patients (%)			
Medical	231 (62.6)	219 (59.2)	450 (60.9)
Surgical	138 (37.4)	151 (40.8)	289 (39.1)
Primary diagnosis at Admission, no. of patients (%)			
Cardiovascular disorder	86 (23.3)	95 (25.7)	181 (24.5)
Trauma	95 (25.7)	92 (24.9)	187 (25.3)
Respiratory disorder	67 (18.2)	61 (16.5)	128 (17.3)
Neurologic disorder	46 (12.5)	52 (14.1)	98 (13.3)
Gastrointestinal disorder	29 (7.9)	31 (8.4)	60 (8.1)
Other condition	26 (7.0)	22 (5.9)	48 (6.5)
Sepsis	16 (4.3)	13 (3.5)	29 (3.9)
Renal disorder	4 (1.1)	4 (1.1)	8 (1.1)
No. of comorbidities, no. of patients (%)			
0	105 (28.5)	114 (30.8)	219 (29.6)
1	100 (27.1)	86 (23.2)	186 (25.2)
2	73 (19.8)	72 (19.5)	145 (19.6)
3	91 (24.7)	98 (26.5)	189 (25.6)
Baseline PaO ₂ /FiO ₂ at enrollment	223 ± 87.5	210 ± 77.1	217 ± 82.7
Multorgan dysfunction score at day 1	5.4 ± 2.9	5.8 ± 3.0	5.6 ± 3.0
Pretest likelihood of ventilator associated pneumonia, no. of patients (%)			
High	180 (48.8)	159 (43.0)	339 (45.9)
Moderate	139 (37.7)	154 (41.6)	293 (39.6)
Low	50 (13.6)	57 (15.4)	107 (14.5)
No. of days in ICU before enrollment	8.0 ± 4.9	7.8 ± 5.5	7.9 ± 5.2
Time from start of mechanical ventilation to enrollment	7.8 ± 4.9	7.7 ± 5.7	7.7 ± 5.3
Use of antibiotics within 3 days before randomization			
None	131 (35.5)	140 (37.8)	271 (36.7)
Antibiotics in use but initiated beforehand	136 (36.9)	116 (31.4)	252 (34.1)
New antibiotics initiated	102 (27.6)	114 (30.8)	216 (29.2)

Heyland D. CCM 2008; 36: 737-44



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ONLINE FIRST

Effect of Empirical Treatment With Moxifloxacin and Meropenem vs Meropenem on Sepsis-Related Organ Dysfunction in Patients With Severe Sepsis A Randomized Trial

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Competence Network Sepsis (SepNet)

Context: Early appropriate antimicrobial therapy leads to lower mortality rates associated with severe sepsis. The role of empirical combination therapy comprising at least 2 antibiotics of different mechanisms remains controversial.

Objective: To compare the effect of moxifloxacin and meropenem with the effect of meropenem alone on sepsis-related organ dysfunction.

Design, Setting, and Patients: A randomized, open-label, parallel-group trial of 600 patients who fulfilled criteria for severe sepsis or septic shock ($n=298$ for monotherapy and $n=302$ for combination therapy). The trial was performed at 44 intensive care units in Germany from October 16, 2007, to March 23, 2010. The number of evaluable patients was 273 in the monotherapy group and 278 in the combination therapy group.

Intervention: Intravenous meropenem (1 g every 8 hours) and moxifloxacin (400 mg every 24 hours) or meropenem alone. The intervention was recommended for 7 days and up to a maximum of 14 days after randomization or until discharge from the intensive care unit or death, whichever occurred first.

Main Outcome Measure: Degree of organ failure (mean of daily total Sequential Organ Failure Assessment [SOFA] scores over 14 days; score range: 0-24 points with higher scores indicating worse organ failure); secondary outcome: 28-day and 90-day all-cause mortality. Survivors were followed up for 90 days.

Results: Among 551 evaluable patients, there was no statistically significant difference in mean SOFA score between the meropenem and moxifloxacin group (8.3 points; 95% CI, 7.8-8.8 points) and the meropenem alone group (7.9 points; 95% CI, 7.5-8.4 points) ($P=.36$). The rates for 28-day and 90-day mortality also were not statistically significantly different. By day 28, there were 66 deaths (23.9%; 95% CI, 19.0%-29.4%) in the combination therapy group compared with 59 deaths (21.9%; 95% CI, 17.1%-27.4%) in the monotherapy group ($P=.58$). By day 90, there were 96 deaths (35.3%; 95% CI, 29.6%-41.3%) in the combination therapy group compared with 84 deaths (32.1%; 95% CI, 26.5%-38.1%) in the monotherapy group ($P=.43$).

Conclusion: Among adult patients with severe sepsis, treatment with combined meropenem and moxifloxacin compared with meropenem alone did not result in less organ failure.

Trial Registration: clinicaltrials.gov Identifier: NCT00534287

JAMA. 2012;307(22):doi:10.1001/jama.2012.5833

www.jama.com

NAPPROPRIATE INITIAL ANTIMICROBIAL therapy (defined as an antimicrobial regimen that lacks in vitro activity against the isolated organisms responsible for the infection) is associated with increased mortality

Author Affiliations and a list of the German Study Group Competence Network Sepsis Investigators appear at the end of this article.

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JAMA, Published online May 21, 2012 E1

FM Brunkhorst, M Oppert, G Marx and coauthors

Effect of Empirical Treatment With Moxifloxacin and Meropenem vs Meropenem on Sepsis-Related Organ Dysfunction in Patients With Severe Sepsis: A Randomized Controlled Trial

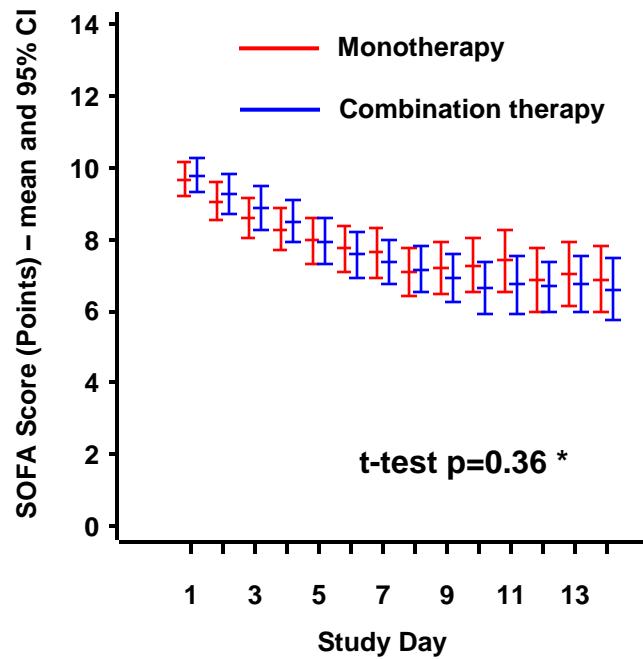
Published online May 21, 2012



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Organ Dysfunction (SOFA Score)

Intention-to-treat population



Patients evaluable:

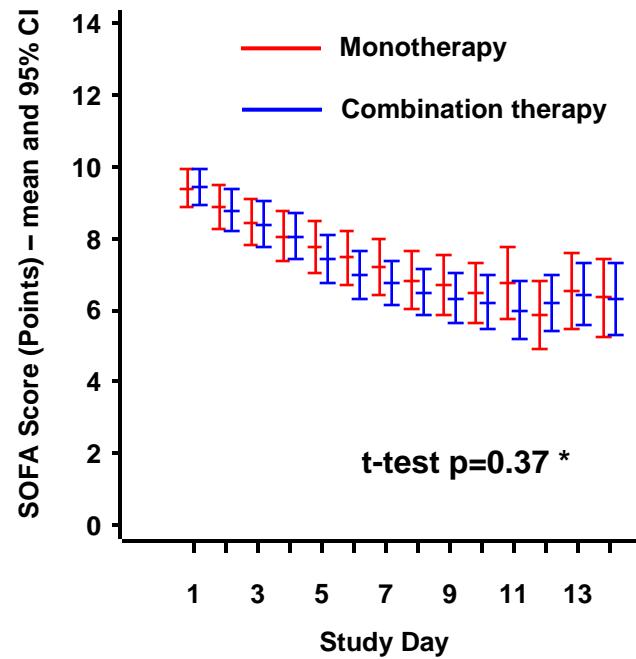
Monotherapy

249 212 167 137 124 103 89

Combination therapy

255 209 179 153 125 95 81

Per-protocol population



Patients evaluable

Monotherapy

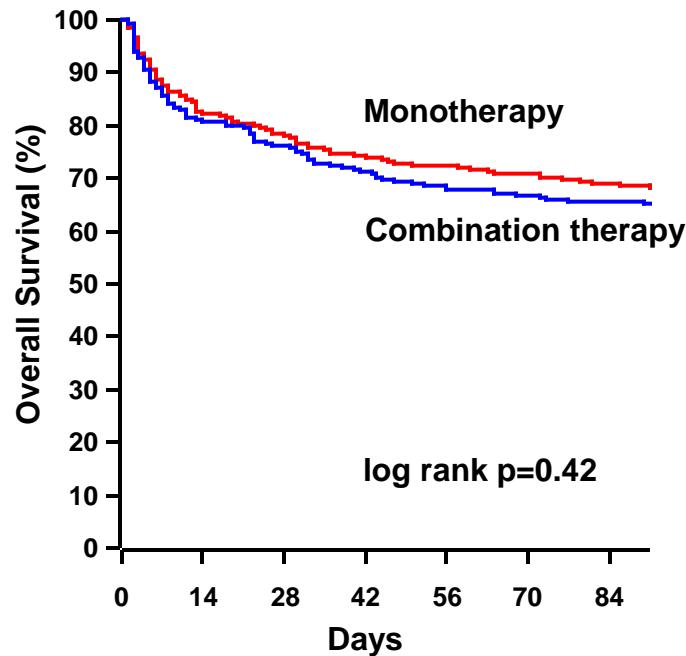
181 156 122 96 88 71 63

Combination therapy

198 165 141 119 96 71 57

Overall Survival

Intention-to-treat population



Patients at risk:

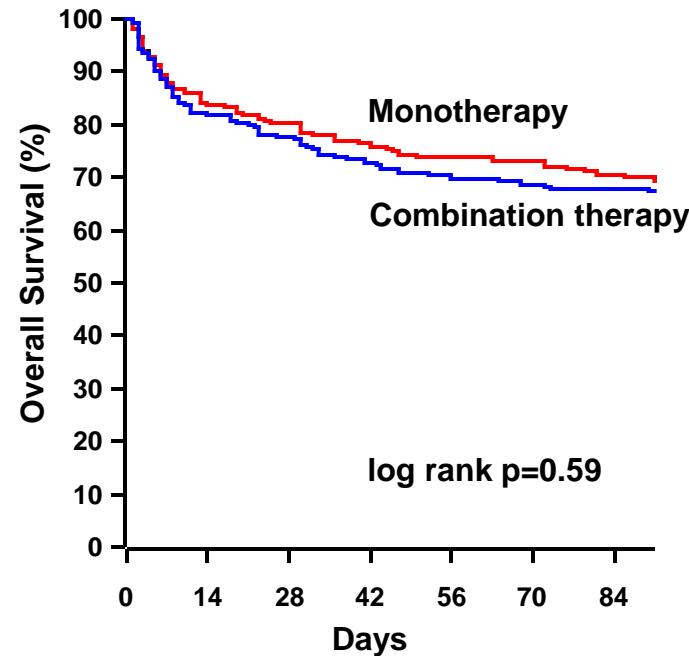
Monotherapy

273 222 211 193 188 184 179

Combination therapy

276 224 210 193 186 180 177

Per-protocol population



Patients at risk:

Monotherapy

199 164 156 143 138 137 132

Combination therapy

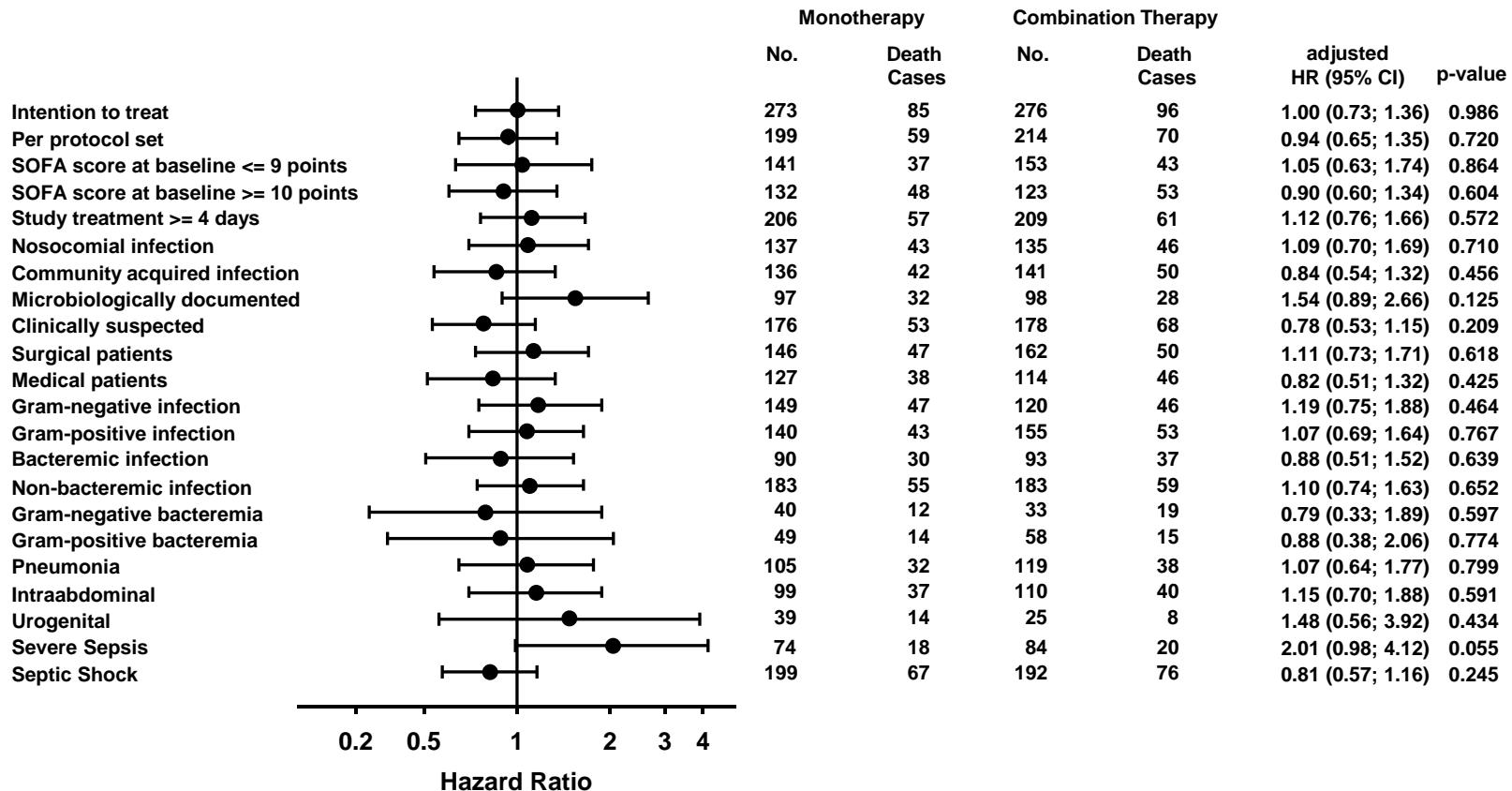
214 176 166 155 150 146 144



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Subgroup Analyses - Mortality

Adjusted proportional hazard models for the effect of addition of moxifloxacin on overall survival

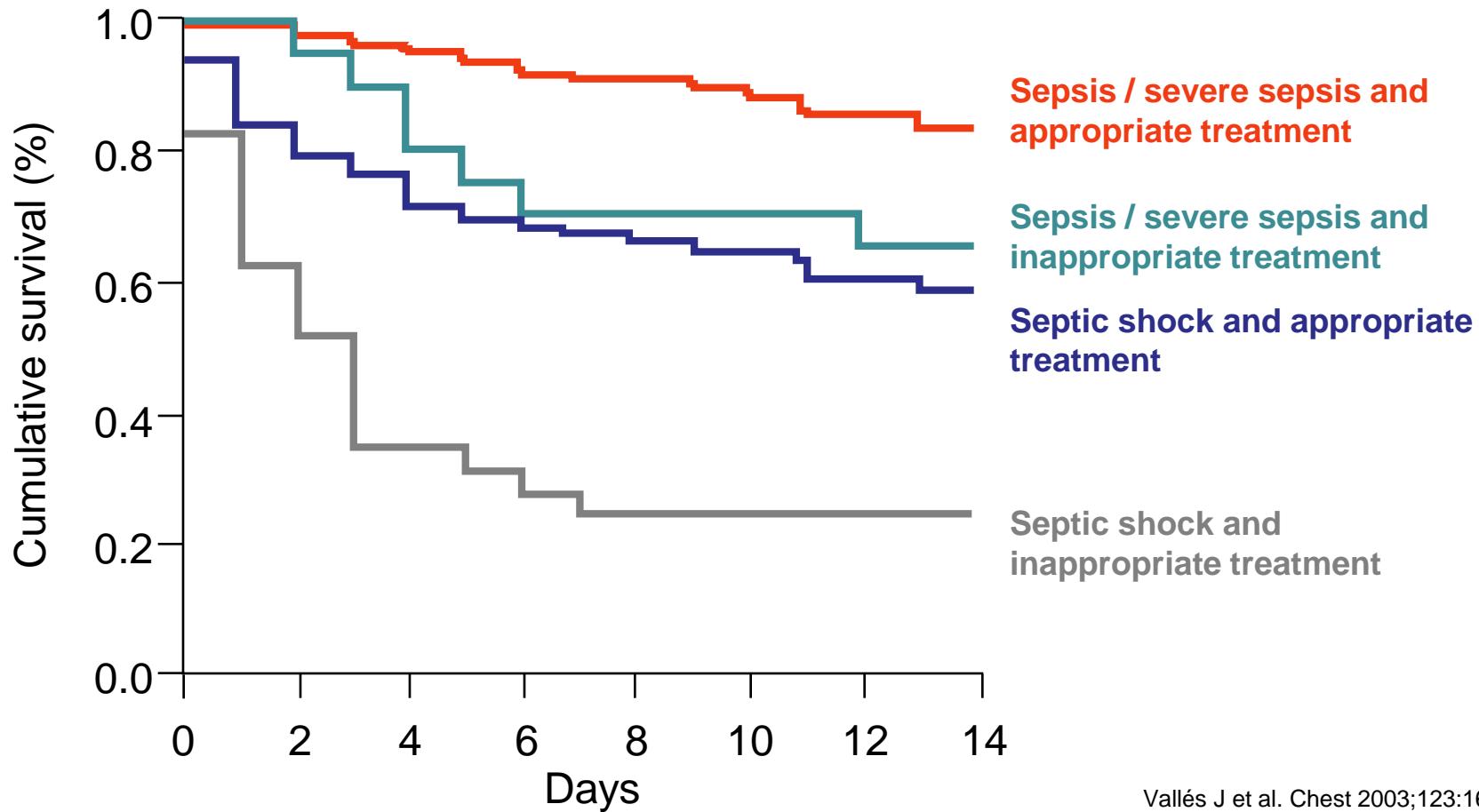


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**Less is more
Robert Browning.
Men and
Women.1855**

Inadequate therapy as a risk factor for sepsis mortality



Vallés J et al. Chest 2003;123:1615-24



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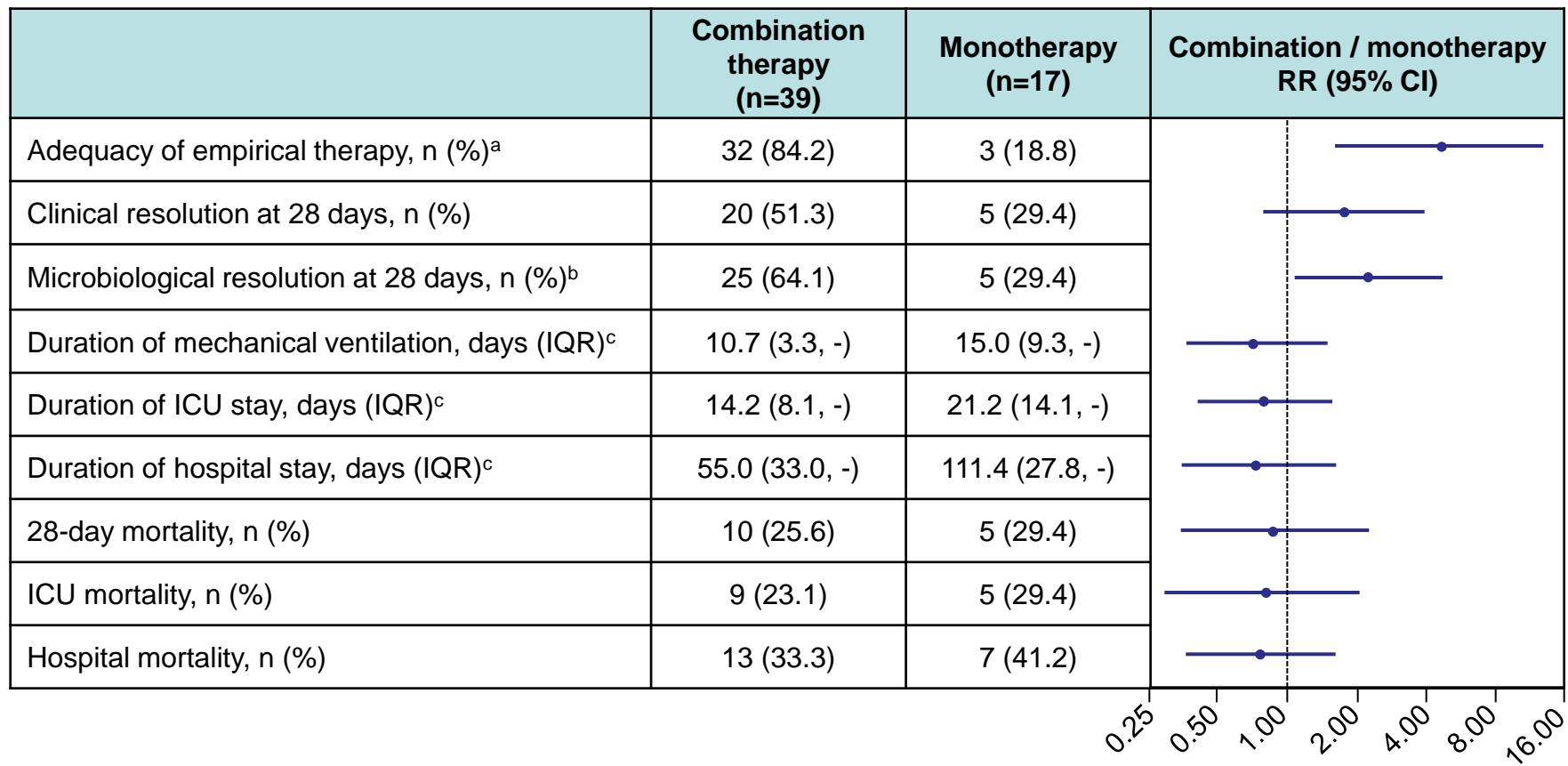
Combination versus monotherapy for gram negative bacteremia

Micek ST et al. Antimicrob Agents Chemother. 2010 May;54(5):1742-8.

- Retrospective analysis of 760 patients with severe sepsis/septic shock associated with Gram-negative bacteremia
- 238 (31.3%) patients received inappropriate initial antimicrobial therapy (IIAT)
- Hospital mortality rate was statistically greater among patients receiving IIAT compared to those initially treated with an appropriate antibiotic regimen (51.7% versus 36.4%; $P < 0.001$).

Antibiotic	% Susceptible to at least one antibiotic plus:		
	None	Ciprofloxacin	Gentamicin
Cefepime	83.4	86.4	89.9
Imipenem or meropenem	89.7	92.4	94.2
Piperacillin-tazobactam	79.6	87.0	91.4

Mono- vs combination therapy for VAP



^an=38 for combination group, n=16 for monotherapy group ($p<0.001$); ^bp=0.014;

^cmedian (IQR): the upper quartile range of the time to discharge is undefined for both groups because >25% of patients did not achieve the particular event

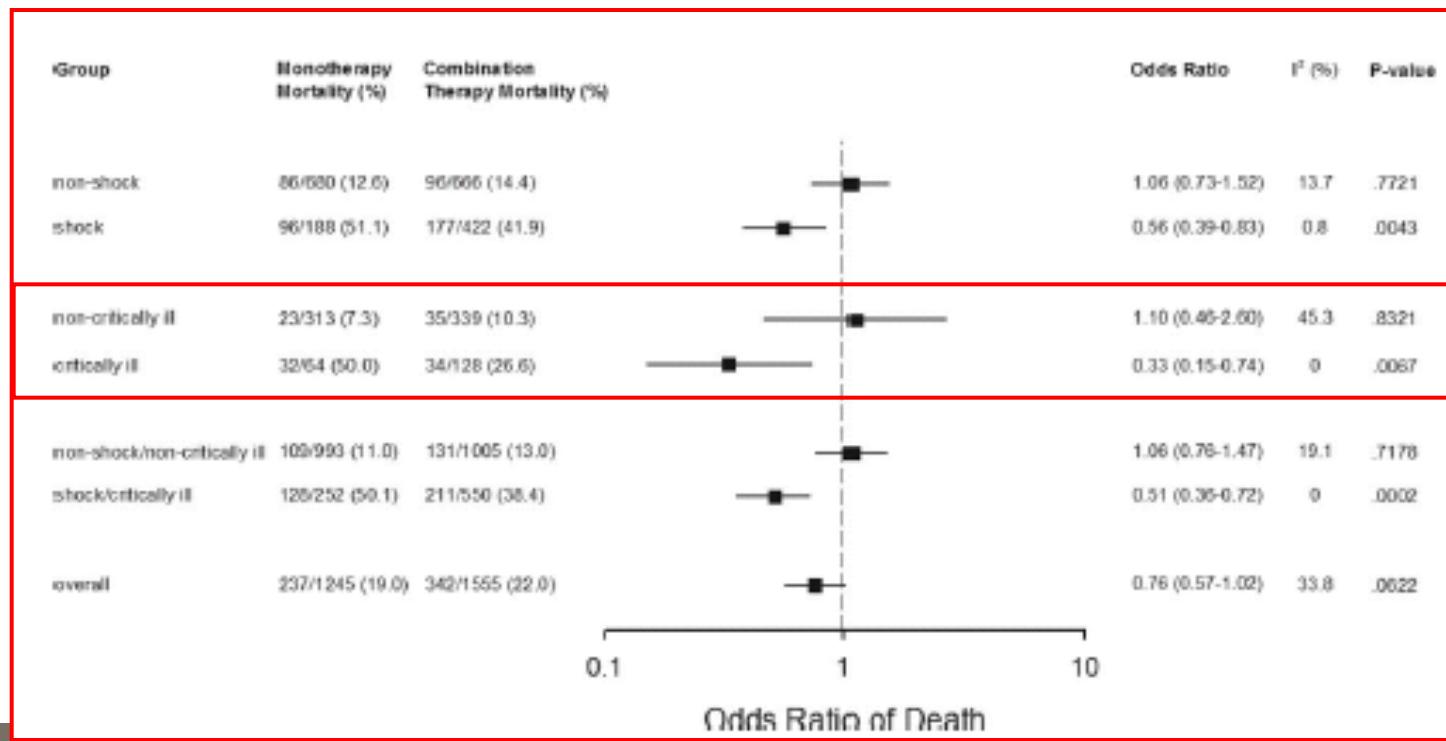
RR, risk ratio

Heyland DK et al. Crit Care Med 2008;36:737-44

Mono- versus Combination Therapy

Kumar A. Crit Care Med 2010; 38:1651–1664

- Metaanalysis of RCTs or observational studies comparing mono- and combination therapy in patients with sepsis
- no overall mortality/clinical response benefit with combination therapy (odds ratio, 0.856)
- substantial benefit in the most severely ill subset (monotherapy risk of death >25%; odds ratio of death, 0.51)
- Meta-regression indicated that efficacy of combination therapy was dependent only on the risk of death in the monotherapy group.



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Die wirklich bösen Erreger

Infectious Disease Society of America.

Available at <http://www.idsociety.org/badbugsnodrugs.html>. Last accessed April 4, 2009.

BAD BUGS, NO DRUGS

As Antibiotic Discovery Stagnates ...
A Public Health Crisis Brews



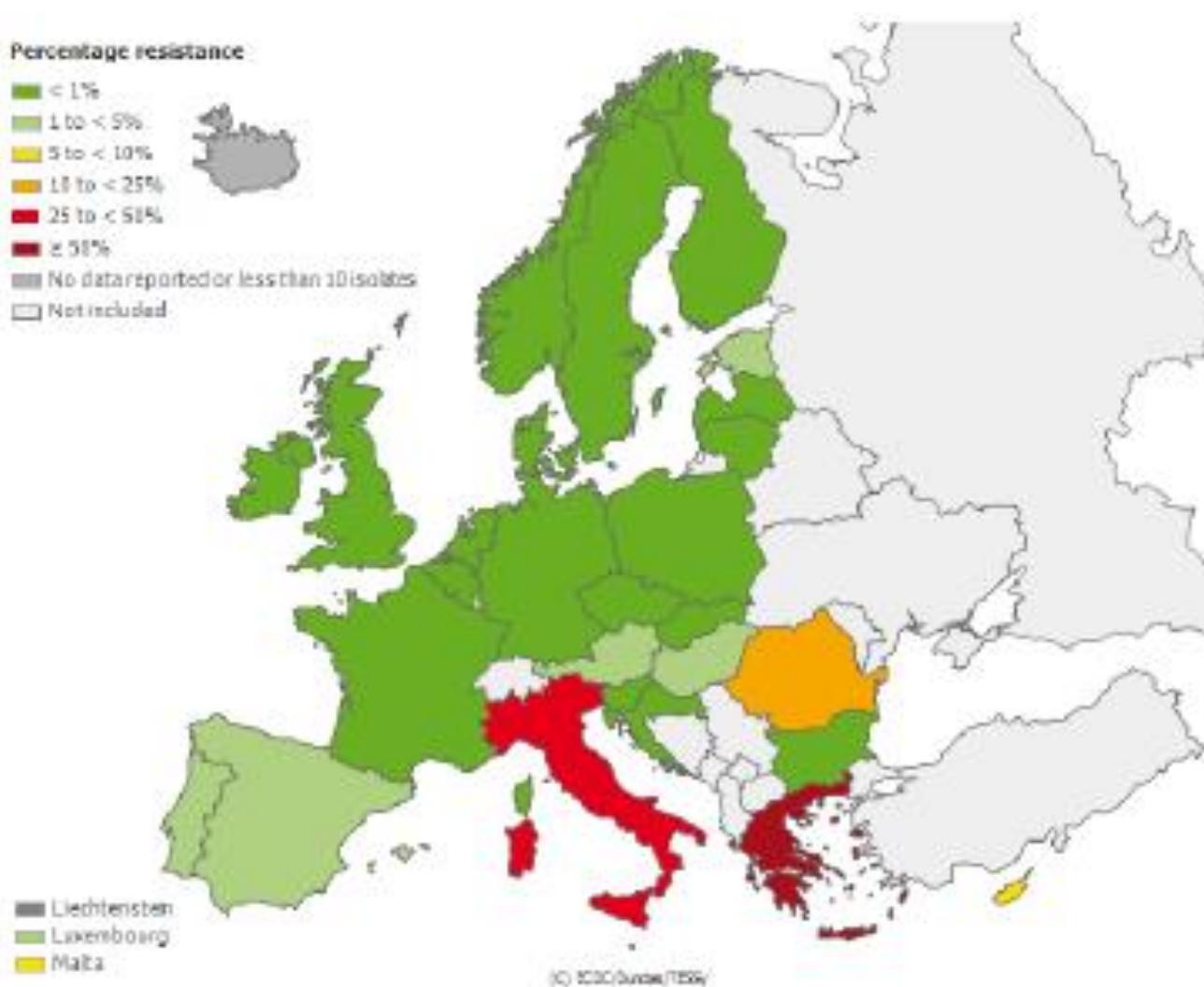
- **Carbapenemase produzierende Enterobacteriaceae**
- **Acinetobacter**
- **Pseudomonas aeruginosa**



July 2004

European Antimicrobial Resistance Surveillance (EARS) – Net 2013

Carbapemem resistente *K. pneumoniae*



http://ecdc.europa.eu/en/healthtopics/antimicrobial_resistance/database/Pages/map_reports.aspx

- Multicenter retrospective cohort study, in 3 large Italian teaching hospitals between 1 January 2010 and 30 June 2011
- 125 patients with bloodstream infections (BSIs) caused by KPC-producing *Kp* isolates (KPC-Kp) diagnosed
- 30-day mortality rate was 41.6%
 - monotherapy (54.3%)
 - combined drug therapy 34.1%; $P = .02$.
- 30-day mortality was independently associated with
 - Postantibiogram therapy with a combination of tigecycline, colistin, and meropenem was associated with lower mortality (OR: 0.11; $P = .01$)

Meropenem MIC (mg/L)	Total	Nonsurvivors	No. (%)
			Survivors
1	1	0	1 (100)
2	4	0	4 (100)
4	10	2 (20)	8 (80)
8	4	1 (25)	3 (75)
≥ 16	17	6 (35.2)	11 (64.7)
Total	36	9 (25)	27 (75)

Abbreviation: MIC, minimum inhibitory concentration.

Multivariate analysis of factors associated with death among patients with bloodstream infection due to KPC producing Klebsiella Pneumoniae.

Shock	-	-	0.008	7.17 (1.65-31.03)
Inadequate initial treatment	-	-	0.003	4.17 (1.61-10.76)
APACHE III score (mean ± SD)	-	-	<0.001	1.04 (1.02-1.07)
Tigecycline & Colistin & Meropenem	-	-	0.01	0.11 (0.02-0.69)

Tumbarello M, Viale PL, Viscoli C, Bassetti M et al. *Clin Infect Dis*, 2012; Oct;55(7):943-50



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Effectiveness of a Double-Carbapenem Regimen for Infections in Humans Due to Carbapenemase-Producing Pandrug-Resistant *Klebsiella pneumoniae*

Helen Giamarellou, Lambrini Galani, Fotini Baziaka, Ilias Karaïskos

6th Department of Internal Medicine, Hygeia General Hospital, Athens, Greece

Antimicrob Agents Chemother 2013; May;57(5):2388-90

- **Ertapenem plus doripenem or meropenem were given in three patients suffering from pandrug-resistant, KPC-2-positive *Klebsiella pneumoniae* bacteremia (2 patients) and urinary tract infection (1 patient), respectively.**
- **All responded successfully, without relapse at follow-up.**
- **The results obtained should probably be attributed to ertapenem's increased affinity for the carbapenemases hindering doripenem/meropenem degradation in the environment of the microorganism.**



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I-Zahl: 030443 1510
Befundet: 20.02.2016/Sedlacek
[1]

Material: Trachealsekret

Abnahme: 15.02.2016

Labornr.: v3333182

Befunddatum: 20.02.2016

[1] Acinetobacter baumannii

Prüfe: ICD B96.5!

4-fach multiresistenter gram-negativer Erreger
(4MRGN nach KRINKO-Empfehlung).

Isolationsmaßnahmen (ICD Z29.0) dringend
empfohlen! Merkblatt:

www.mh-hannover.de/16360.html. Prüfe: ICD U81!,

U80.4!, U80.5! oder U80.6!

Ampicillin-Sulbactam	R <=2.0
Piperacillin / Sulbactam	R
Gentamicin	R >=16.0
Tobramycin	S <=1.0
Levofloxacin	R >=8.0
Ciprofloxacin	R >=4.0
Moxifloxacin	R
Imipenem	R >=16.0
Meropenem	R >=16.0
Cotrimoxazol	R >=320.0

Material: Abstrich von Leiste

Abnahme: 15.02.2016

Labornr.: v3333183

Befunddatum: 20.02.2016

[1] Acinetobacter baumannii

Prüfe: ICD B96.5!

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Ampicillin	R >32.0
Ampicillin-Sulbactam	S <=1.0
Piperacillin-Tazobactam	R >32.0
Cefuroxim	R >16.0
Cefotaxim	R >8.0
Ceftazidim	R >32.0
Gentamicin	R >8.0
Tobramycin	S <=1.0
Tigecyclin	R >4.0
Tetracyclin	R >16.0
Ciprofloxacin	R >4.0
Moxifloxacin	R >2.0
Aztreonam	R >16.0
Meropenem	R >16.0
Ertapenem	R >4.0
Cotrimoxazol	R >16.0
Colistin	S <=0.5



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Why Colistin plus Rifampin ?

- Two-steps, sequential mechanism of action
- Colistin disrupt the outer bacterial cytoplasmic membrane
- Rifampin inhibit DNA-dependent RNA-polymerase at the ribosomal β -subunit
- Some preliminary experience on *A. baumannii*



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	Colistin + Rifampicin arm N = 104	Colistin arm N = 105	p
Primary outcome			
30-day mortality			
Yes	45 (43.3%)	45 (42.9%)	0.95 §
No	59 (56.7%)	60 (57.1%)	
Secondary outcomes			
Infection-related death at 30 days			
Yes	22 (21.15%)	28 (26.6.2%)	0.29 §
No	23 (22.1%)	17 (16.2%)	
Acinetobacter baumannii eradication			
Yes	63 (60.6%)	47 (44.8%)	0.034 §
No	38 (36.5%)	54 (51.4%)	
Median hospitalization length (IQR), days	41 (26-61)	44 (27-59)	0.96 *
Development of colistin resistance, %	0	0	-

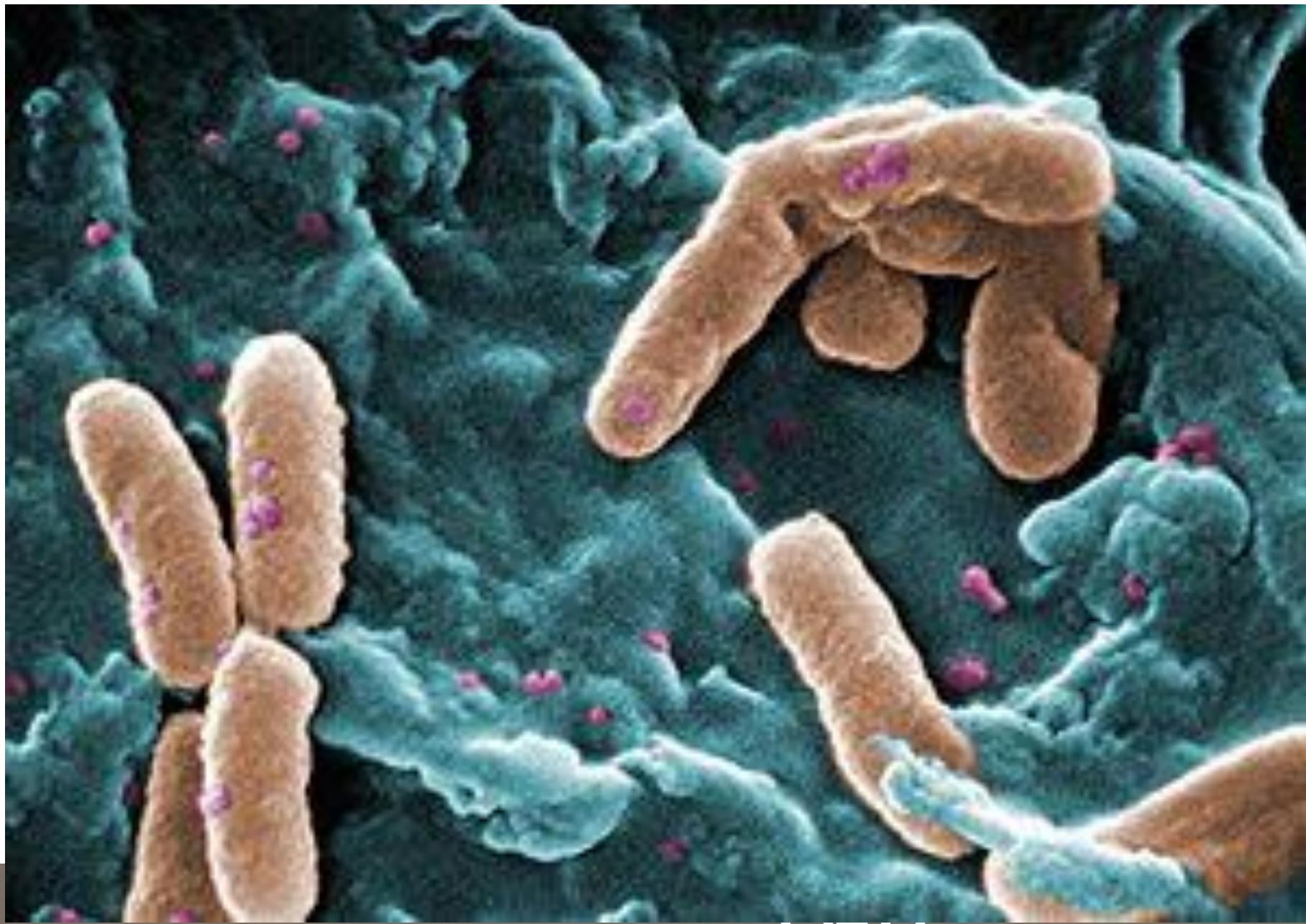
§ exact chi-square test; *log-rank test

IQR: interquartile range

Durante-Mangoni E. et al. Clinical Infectious Diseases 2013; 57(3):349-58



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Substanz	Dosierung (pro Tag)
Pseudomonaswirksames	
Betalaktam	
Piperacillin/Tazobactam	3 – 4 x 4,5 g
<i>oder</i>	
Cefepim	3 x 2 g
Ceftazidim	3 x 2 g
<i>oder</i>	
Imipenem/Cilastatin	3 x 1 g
Meropenem	3 x 1 g
Doripenem	3 x 0,5 – 1 g
<i>plus</i>	
Fluorchinolon	
Ciprofloxacin	3 x 400mg
Levofloxacin	2 x 500mg
<i>oder</i>	
Aminoglykosid	
Gentamicin	1 x 3 – 7 mg/kg (Talspiegel < 1 µg/ml)
Tobramycin	1 x 3 – 7 mg/kg (Talspiegel < 1 µg/ml)
Amikacin	1 x 15 – 20 mg/kg (Talspiegel < 4 µg/ml)
bei MRSA-Verdacht	
<i>plus Glykopeptid od.</i>	
Oxazolidinon	
Vancomycin	2 x 15mg/kg (Talspiegel: 15 – 20 µg/ml)
Linezolid	2 x 600mg

Dalhoff K et al.
Pneumologie 2012; 66:707-65.

Combination Therapy in Pseudomonas Sepsis

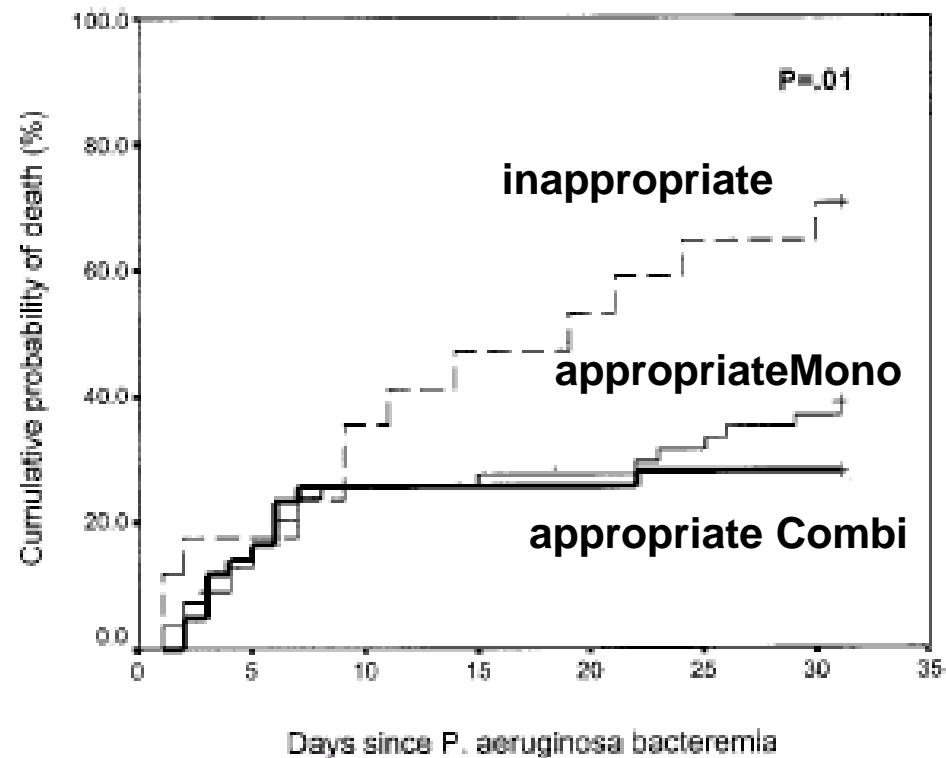
Retrospective Study of 115 Episodes of Pseudomonas Sepsis in Geneva

Mortality risk (compared to appropriate Combination Therapy)

- for inappropriate Therapy 5.0
- for appropriate Monotherapy 3.7

Mortality risk for definitive therapy (vs. appropriate combination therapy)

- for inappropriate Therapy 2.7
- for appropriate Monotherapy 0.6



Chamot E. AAC 2003; 47: 2756-64



Medizinische Hochschule
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Seltene Erreger

Abbott IJ. Semin Respir Crit Care Med 2015;36:99–110

Organism	First line	Second line	Combination	Alternative combination
<i>S. maltophilia</i>	Trimethoprim-sulfamethoxazole	Moxifloxacin/levofloxacin Ticarcillin-clavulanate Minocycline/tigecycline ^a Colistin (\pm rifampicin)	Trimethoprim-sulfamethoxazole PLUS Any 2nd line agent, or ceftazidime	Ticarcillin-clavulanate PLUS Aztreonam PLUS Moxifloxacin/levofloxacin
<i>B. cepacia</i> complex	Trimethoprim-sulfamethoxazole Ceftazidime Meropenem	Minocycline Chloramphenicol Ciprofloxacin ^b Piperacillin-tazobactam Ticarcillin-clavulanate	Combination of any 1st line or 2nd lines agents	Meropenem PLUS Ceftazidime PLUS Ciprofloxacin PLUS Minocycline, or amikacin PLUS Tobramycin (inhaled ^c)
<i>A. xylosoxidans</i>	Piperacillin-tazobactam Meropenem Trimethoprim-sulfamethoxazole	Ceftazidime Minocycline Colistin Chloramphenicol	Meropenem PLUS Ciprofloxacin/levofloxacin ^d	Meropenem PLUS Minocycline, or levofloxacin ^d PLUS Chloramphenicol PLUS Colistin (inhaled ^c)



Medizinische Hochschule
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Kombinationstherapie mit Fluorchinolonen

Pros und Cons

- **Pros**
 - bakterizides Breitbandantibiotikum
 - Gute Penetrabilität in viele Gewebe
 - Überschaubares Nebenwirkungsspektrum
- **Con**
 - Ciprofloxacinresistenz der „bösen“ Erreger
 - Fehlende Evidenz in allen Anwendungsbereichen



Medizinische Hochschule
Hannover

Austrian HAP guideline: high-dosage strategy

**Initial adult doses for empirical therapy of HAP,
including VAP and HCAP in patients with late-onset disease or risk factors for MDR**

Antibiotic	Dosage
Antipseudomonal cephalosporin	
Cefepime	1–2 g every 8–12 h
Ceftazidime	2 g every 8 h
Carbapenems	
Imipenem	500 mg every 6 h or 1 g every 8 h
Meropenem	1 g every 8 h
Beta-lactam / beta-lactamase inhibitor	
Piperacillin / tazobactam	4.5 g every 6 h
Aminoglycosides	
Gentamycin	7 mg/kg/day
Tobramycin	7 mg/kg/day
Amikacin	20 mg/kg/day
Antipseudomonal quinolones	
Levofloxacin	750 mg every 24 h
Ciprofloxacin	400 mg every 8 h
Vancomycin	15 mg/kg every 12 h
Linezolid	600 mg every 12 h

1. ATS, IDSA. Am J Respir Crit Care Med 2005;171:388-416;
2. Thalhammer F et al. Austrian Society for Infectious Diseases and Tropical Medicine, Physicians' Supplement: HAP/VAP Anti-infective Therapies, 2009

Patients with normal renal function and normal body weight²

Antibiotikum	Maximale Tagesdosis
Betalaktame	
Ampicillin/Sulbactam	9–12g
Piperacillin/ Tazobactam	13,5–27g
Cefotaxim	
Cefepim, Cefpirom	6–12g
Ceftazidim	6–12g
Doripenem	1,5–3g
Imipenem/Cilastatin	2–6g
Meropenem	3–6g
Chinolone	
Ciprofloxacin	0,8–1,2g
Levofloxacin	1g
Moxifloxacin	0,4g



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Kombinationstherapie mit Fluorchinolonen

Pros und Cons

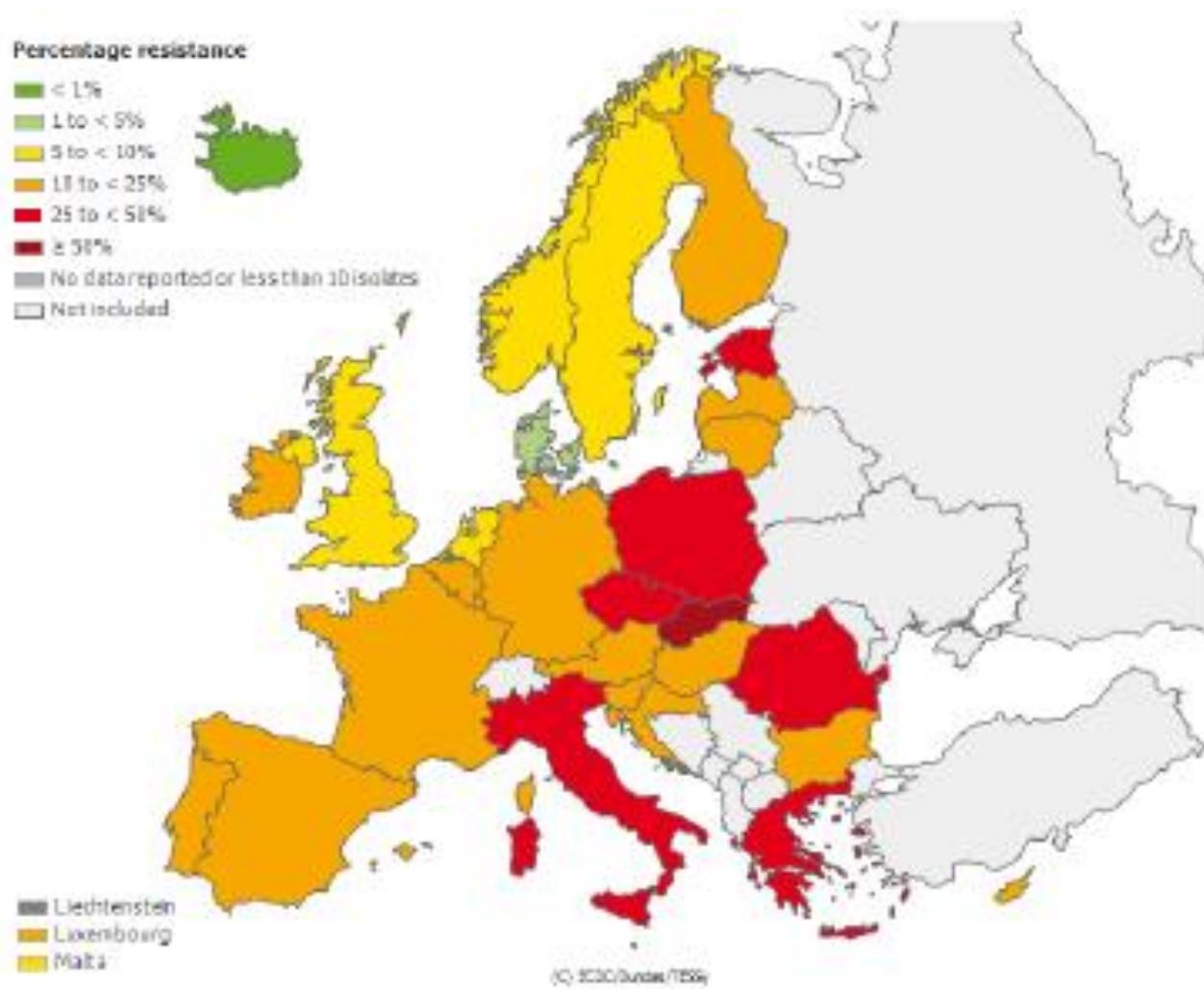
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- **Con**
 - **Ciprofloxacinresistenz der „bösen“ Erreger**
 - **Fehlende Evidenz in allen Anwendungsbereichen**



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European Antimicrobial Resistance Surveillance (EARS) – Net 2013

Fluorchinolon resistente *Ps. aeruginosa*



http://ecdc.europa.eu/en/healthtopics/antimicrobial_resistance/database/Pages/map_reports.aspx



Medizinische Hochschule
Hannover

Kombinationstherapie mit Aminoglykosiden

Pros und Cons

- **Pros**
 - bakterizides Breitbandantibiotikum
 - Resistenzsituation hervorragend
 - Gute Penetrabilität in viele Gewebe
 - Lunge?
- **Con**
 - Negative Evidenz für die dreimal tägliche Anwendung, keine Studien zu einmal täglich
 - Nebenwirkungen
 - Nephrotoxizität



Medizinische Hochschule
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Intracheal Administration of Antimicrobial Agents

- **The most common prescribed nebulized agents were**
 - colistin methanesulfonate and sulfate (36/87, 41.3% and 24/87, 27.5%), tobramycin (32/87, 36.7%) and amikacin (23/87, 26.4%).
 - Colistin methanesulfonate, amikacin and tobramycin daily doses for VAP were significantly higher than for VAT ($p < 0.05$).
 - Combination of parenteral and nebulized antibiotics occurred in 50 (86%) of 58 prescriptions for VAP and 36 (64.2%) of 56 of prescriptions for VAT.
 - The use of nebulized antimicrobial agents in MV patients is common. There is marked heterogeneity in clinical practice, with significantly different in use between patients with VAP and VAT.

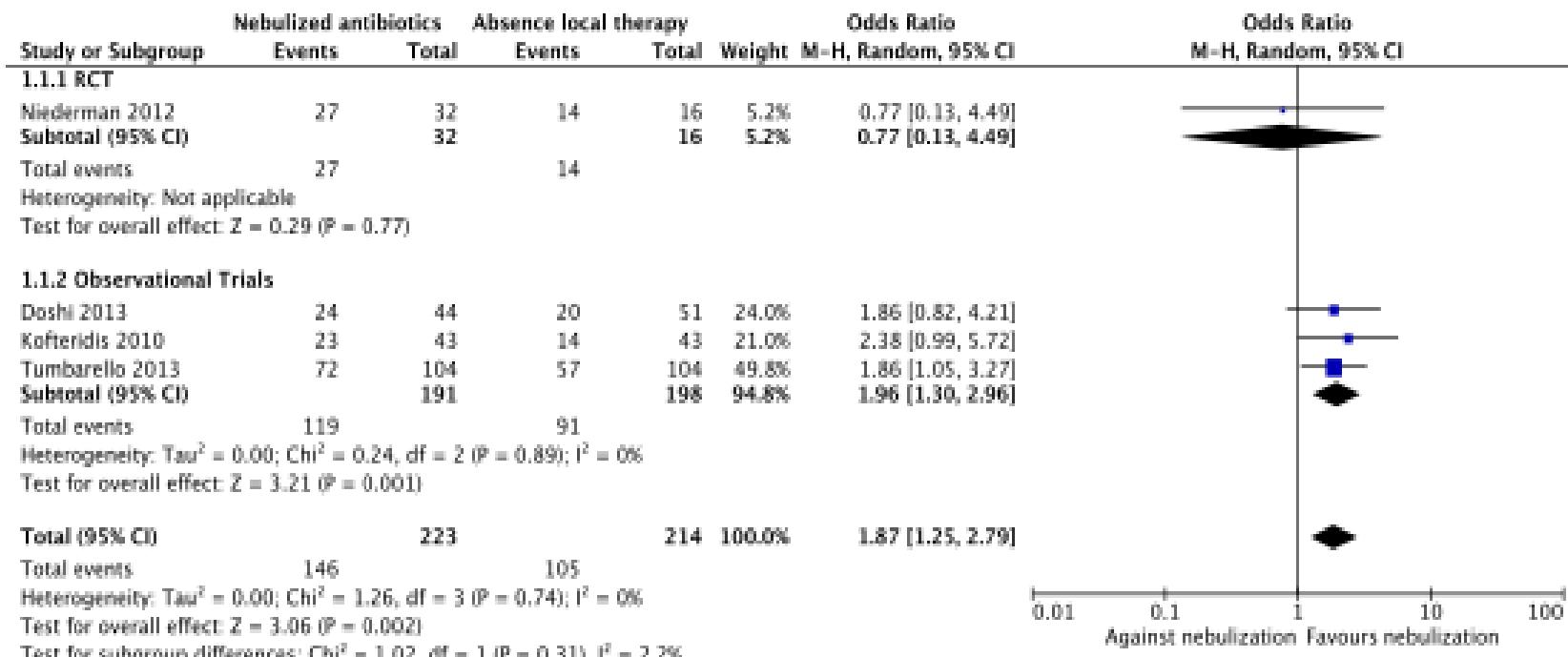
Candela Solé-Lleonart et al. Clin Microbiol Infect. 2015 Dec 23. pii: S1198-743X(15)01042-3. doi: 10.1016/j.cmi.2015.12.016. [Epub ahead of print]



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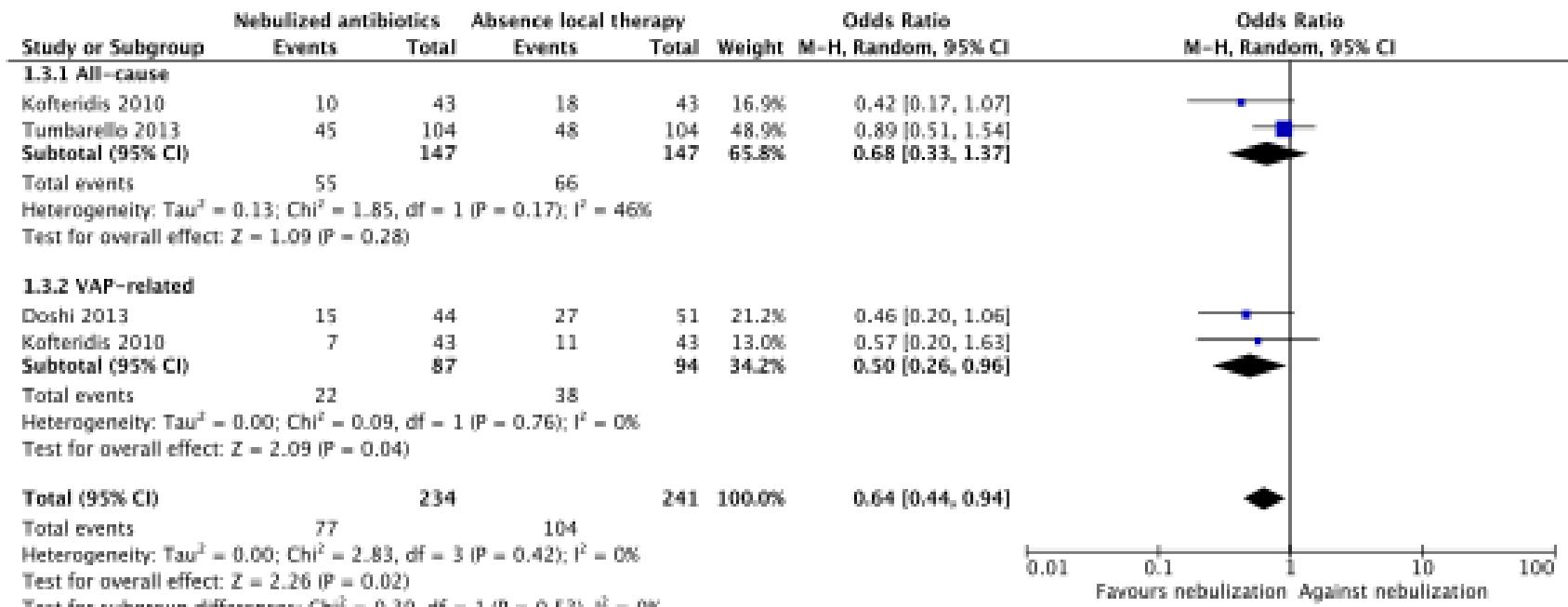
Clinical resolution of patients treated with nebulized antibiotics for VAP caused by resistant pathogens

Candela Solé-Leonart et al. Chest 2016 (in revision)



Mortality of patients treated with nebulized antibiotics for VAP caused by resistant pathogens

Candela Solé-Leonart et al. Chest 2016 (in revision)



Kombinationstherapie mit Aminoglykosiden

Pros und Cons

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 - Nephrotoxizität



Medizinische Hochschule
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A high-dose aminoglycoside regimen combined with renal replacement therapy for the treatment of MDR pathogens

- All adult patients who had MDR GN sepsis
- HDA and high-flow (>45 mL/kg/h) CVVHDF when
 - an isolated pathogen was susceptible or had intermediate susceptibility to aminoglycosides
 - patient's condition was not improving with conventional therapy
 - Optimal antibacterial activity was defined as a peak concentration of at least eight times the MIC.
- Fifteen patients infected with MDR GN pathogens were treated with amikacin (n=11), gentamicin (n=3) or tobramycin (n=1) and high-flow CVVHDF
- Clinical response was observed in eight (53%) patients, including three in whom microbial eradication was obtained
- Six patients were discharged alive from the ICU, and five from the hospital. No renal toxicity was observed among survivors

Brasseur A et al. J Antimicrob Chemother. 2016 Jan 31



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